

GOALS

“Setting goals is the first step in turning the invisible into the visible” - *Tony Robbins*

NOTE: Write ALL of your goals in the present tense as if you have already achieved them and **BECOME** the vision of your future potential - for example, *By 'X' date, I am / I think / I feel / I act / I create / I give / I contribute / I have / my family / My business, etc.*

GOAL 1 - 90 DAYS

What do you want?

Why do you want it? (the REAL why!)

Who must you become (and avoid being) in order to reach this goal? (*thoughts, emotions, actions*)

What would happen if you miss this goal? (get LEVERAGE on yourself)

How could you get it?
